

YOUR PEOPLE.
YOUR KIND OF GETAWAY.

Two wellness residences in Bali, made for groups who like to unwind, move and recover well. From training sessions to slow mornings, ice baths to poolside downtime. Uluwatu or Canggu. Bring your people. We'll make room for the whole experience.

68
Rooms across two properties

212
Sleeps, maximum pax

2
Rooftop venues

1
night buyout minimum

What We Offer

Take all of them or only the ones your programme needs.
The proposal is built from what you pick.

ROOMS

Sixty-eight rooms across the two residences, every one with a king bed, a full kitchen and a living area. Most have a private sauna, ice bath or hot tub inside the room. Either residence can be taken whole, from a single night.

ROOFTOP

Uluwatu's roof runs to 445 m² with an infinity pool, sauna, jacuzzi and ice bath, an open-air training terrace, and a 360 degree view over the Indian Ocean on one side and the Bukit hillside on the other. Canggu has its own.

SPACES

Rooftop, penthouse and communal areas for sessions, dinners and ceremonies. Seated, standing and classroom setups, with the capacities published so you can plan before you ask.

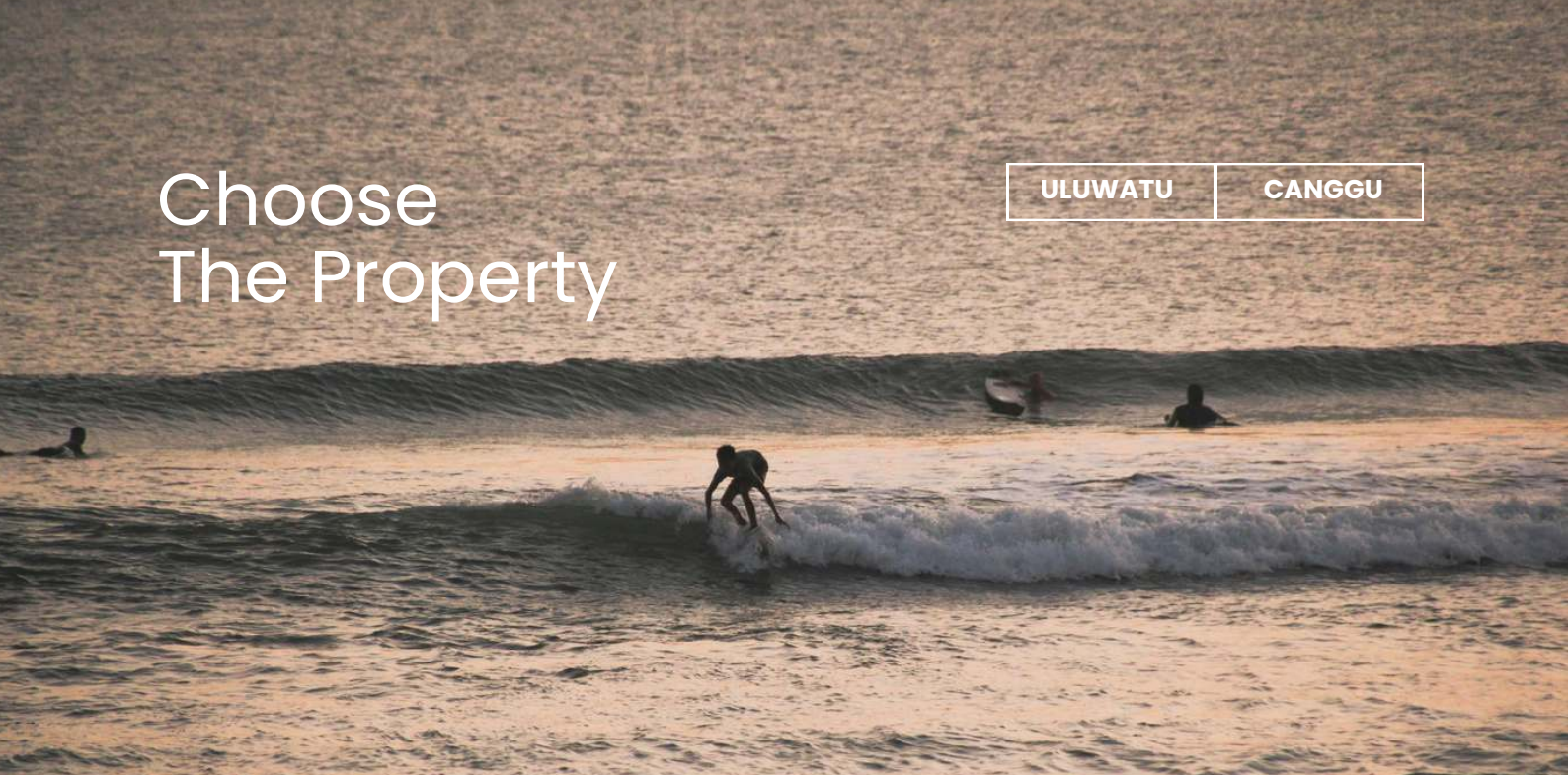
TRAINING & RECOVERY

Recovery sits on site and runs every day of the stay. In Canggu, Body Factory Bali is a short walk from the lobby: over 700 m² of training space, 50+ classes and eleven coaches.

WHAT WE ARRANGE

Private chefs, meal plans, in-room spa, tours and excursions, transport, groceries and instructors. One coordinator on site, one proposal, one invoice.





Choose The Property

ULUWATU | CANGGU

Lifestyle Residence Uluwatu

38 rooms above the Bukit's tropical greenery, walking distance from Bingin and a short drive to Padang Padang.

80 sleeps, standard pax

118 sleeps, maximum pax

THE SPACES

- 445 m² rooftop: 40 seated, up to 65 standing
- Sunken seating, 4 × 8 pax
- 177 m² penthouse for indoor sessions
- Infinity pool, sauna, jacuzzi, ice bath
- 360 degree ocean and hillside views, sunrise and sunset
- Open-air training terrace

WELL SUITED TO

- Wellness and yoga retreats
- Intimate weddings and celebrations
- Team gatherings
- Group bookings and after parties
- Ngurah Rai airport, 1 hour 30 minutes by road

Lifestyle Residence Canggu

30 rooms in the heart of Canggu, a short stroll from Nelayan Beach, a walk to Body Factory Bali's gym, cafe and recovery centre.

64 sleeps, standard pax

94 sleeps, maximum pax

THE SPACES

- 353 m² rooftop: 20 seated, up to 60 standing
- Sunken seating, 3 × 8 pax
- 160 m² penthouse for indoor sessions
- Body Factory Bali, 700+ m², 50+ classes
- The Studio and The Factory Floor for hire

WELL SUITED TO

- Yoga and wellness retreats
- Fitness and training retreats
- Team gatherings
- Group bookings and after parties
- Ngurah Rai airport, 1 hour by car

The Rooftop

360 degree outlook over the panoramic view.
Sunrise and sunset from the same deck.
Recovery, training and a venue in one space.

- Infinity swimming pool
- Sauna
- Ice Bath
- Hot tub
- outdoor shower
- Restroom
- Open-air event space
- Open-air training terrace
- Sun loungers and umbrella
- Sunken communical seating
- Panoramic view sunrise and sunset








WHAT WE CAN HOST

Wellness event
Yoga retreat
Small group gathering
Small group dinner
Intimate wedding
After party

Space Rental & Buyout

	ULUWATU	CANGGU
Rooftop (Open-air, poolside)		
SPACE	445 m²	353 m²
EVENT CAPACITY	Seated: 40 Standing: 25–65 Sunken seating: 32	Seated: 20 Standing: 25–60 Sunken seating: 24

Power supply up to 5,000 W. Sound equipment not provided.

Penthouse (iIndoor gathering)		
SPACE	177 m²	160 m²
EVENT CAPACITY	Seated: 6–15 Standing: 10–20 Theatre: 15 Classroom: 6 Yoga: 10	Seated: 12 Standing: 21 Theatre: 15 Classroom: 6 Yoga: 6

Both feature a full kitchen, island table, balcony and two restrooms.

Full Buyout (exclusive use of all rooms)		
ACCOMMODATION	38 rooms 80-118 guests	30 rooms 64 - 94 guests

- *All capacities are in persons. Yoga capacity includes the instructor. Rooftop hire requires a residence buyout and is charged separately.*
- *Penthouses can be booked independently.*
- *Buyouts require a minimum 1-night stay; setup and teardown days are charged separately.*

Your own kitchen, your own recovery

Rooms sell as single or double occupancy. Additional guests sleep on the existing sofa bed. Every room has a full kitchen and an en-suite bathroom, and most have a private sauna, ice bath or hot tub, or a pool of their own.

ROOM FEATURES AND AMENITIES

- King Size Bed
- Balcony/ Terrace
- LCD TV
- High-speed Wifi Connectivity Safety Deposit Box
- Ensuite Bathroom/s
- Toiletries
- Drinkable Tap Water *(with Phillips U.V Aqua Filtration system built to exceed New Zealand and Australian standards)*
- Slippers
- Bathrobes (for penthouse)
- Hair Dryer
- Ironing Board (on request)
- Sofa Bed (for extra guests, will be converted as extra sofa bed. Additional charge apply) Dining area with adjacent kitchen & bar
- Fully equipped kitchen & bar
- Spacious living room
- Washing Machine
- Marshall Portable Speaker
- Signature Pillow Menu (subject to availability)





ADDITIONAL SERVICES

available upon request with additional charge apply

- Airport transfer
- Laundry service
- Early check-in and late check-out
- Beverage service
- Grocery service

SPECIAL ARRANGEMENT

assisted by our team, provided by our partners

- In-room spa treatments
- Private chef
- Meal delivery and Body Factory meal plans
- Tours and excursions
- Yoga and wellness sessions
- Vehicle rental and private drivers



ROOM TYPES

LIFESTYLE RESIDENCE ULUWATU

Room Type	Room Size (Sqm)	Number of Unit	Maximum Occupancy	Highlight Amenities		
				Sauna	Hot tub/ Ice Bath	Private Pool
1 Bedroom Apartment with Balcony	70	6	3	✗	✗	✗
1 Bedroom Apartment with Private Hot tub	70	6	3	✗	✓	✗
1 Bedroom Corner Terrace with Private Ice Bath & Sauna	79	8	3	✓	✓	✗
1 Bedroom Garden Pool Villa with Private Sauna	92	5	3	✓	✗	✓
1 Bedroom Deluxe Garden Pool Villa with Private Sauna	127	5	3	✓	✗	✓
1 Bedroom Corner Penthouse with Private Ice Bath & Sauna	110	2	3	✓	✓	✗
2 Bedroom Penthouse with Private Ice Bath & Sauna	177	2	5	✓	✓	✗
1 Bedroom Penthouse with Private Ice Bath & Sauna	96	4	3	✓	✓	✗

LIFESTYLE RESIDENCE CANGGU

Room Type	Room Size (Sqm)	Number of Unit	Maximum Occupancy	Highlight Amenities		
				Sauna	Hot tub/ Ice Bath	Private Pool
1 Bedroom Apartment with Balcony	70	4	3	✗	✗	✗
1 Bedroom Apartment with Private Hot tub	70	4	3	✗	✓	✗
1 Bedroom Corner Terrace with Private Ice Bath & Sauna	79	8	3	✓	✓	✗
1 Bedroom Garden Pool Villa with Private Sauna	76	4	3	✓	✗	✓
1 Bedroom Deluxe Garden Pool Villa with Private Sauna	83	4	3	✓	✗	✓
1 Bedroom Penthouse with Private Ice Bath & Sauna	110	4	3	✓	✓	✗
2 Bedroom Penthouse with Private Ice Bath & Sauna	160	2	5	✓	✓	✗



Body Factory Bali

A gym, recovery centre and café, just a short walk from Lifestyle Residence Canggu. With 700+ m² of training space, 50 weekly classes and 11 coaches.

5 TRAINING ZONES

OUTDOOR FUNCTIONAL
The high-performance area, built for speed, power and endurance. Turf strip, HYROX-style conditioning, fans at each corner.

LEGS ROOM
Squat racks, lifting platforms, squat machines and a hip thrust rack.

INDOOR WEIGHT ROOM
Advanced cable and plate-loaded machines, the full free-weight range, air-conditioned throughout.

SLED TRACK & CALISTHENICS
Sled track with markers, ropes, rings, bars and squat racks.

CARDIO AREA
Treadmills, StairMasters, bikes, rowing machines and ski ergs.

Recovery Area

- Swimming pool
- Dry sauna
- Health bar poolside
- Jacuzzi
- Two ice baths



EXCLUSIVE-USE SPACE HIRE



Factory Floor

- Private or small-group personal training
- Retreat bootcamps and HYROX-style sessions
- Sled track with markers, rowers and ski ergs
- Kettlebells, med balls and coach-led programming

Studio

- Private yoga, pilates or meditation
- Barre, breathwork and mobility classes
- Wood floor with barre and mirrors
- Mats, blocks and resistance bands on site



Start an enquiry

Lifestyle Residence Uluwatu

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Lifestyle Residence Canggu

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