



ALCHEMY

Uluwatu



NOURISH | CONNECT | GROW

WELCOME TO ALCHEMY

Alchemy is dedicated to providing a transformative experience through nourishing food, rejuvenating practices, and a nurturing environment.

Our vision is to cultivate a community that is deeply connected to the wisdom of nature - where individuals find healing, health, purpose, and joy through conscious choices and nourishing experiences.

At Alchemy, you can enjoy fresh and nourishing food full of nutrients and life force. Our suppliers have been carefully selected for their organic and regenerative practices and our takeaway containers are biodegradable.

We believe that by taking care of Mother Earth she takes care of us. Our menu is fully plant-based and mostly gluten free. Some dishes on our menu are raw, which means that they are not cooked or heated above 43 degrees Celsius / 110 Fahrenheit to maximize nutritional value. Our produce has been thoroughly rinsed with filtered water and grapefruit seed extract.

Learn more at :
www.AlchemyBali.com

*All prices on this menu are subject to
6% service charge and 10% government tax*

ALCHEMY BARS

SALAD BAR

Create your own salad / grain bowl

Chose greens or grains
Select 3 regular toppings
Select 1 premium protein
Chose 1 dressing

add premium protein + 25

add regular topping + 20



ALL DAY BREAKFAST

99 **AVOCADO TOAST** GF 89
Sourdough toast with smashed avocado, tomato, coconut feta, sambal matah and chili oil

FRENCH TOAST GF 85
Gluten free French toast with coconut whip, coconut blossom nectar, strawberries and your choice of chocolate sauce or caramel sauce

BUTTERNUT SQUASH & CHICKPEA SHAKSHUKA GF 85
Potato, kale, tomato and butternut squash casserole with chickpeas, tofu scramble & garlic bread

BANANA TARO PANCAKES 85 GF
Gluten free pancakes with coconut whip, berry compote and caramel sauce

CHAMPION BREAKFAST PLATE GF 95
Tofu scramble, lentil hotcake, sesame crusted tempeh, spinach fennel, garlic mushrooms, avocado, tomato confit and sesame beet hummus

AÇAÍ BOWL R GF CN 129
Smoothie bowl with wild açai berries, banana and tropical cashew grawnola & cacao nibs

ACAI BERRIES & GUARANA R GF 145
Smoothie bowl with pure Acai berries and guarana, topped with banana, tropical cashew granola, blueberries and cacao nibs. (Guarana native plant from Brazil, helps reduce fatigue, boost brain health, and protect the heart).

ALCHEMY MAINS

POKE BOWL GF 99
Brown or white rice, edamame, cucumber, radish, sesame nori, jackfruit "tuna", avocado, Asian slaw, pickled ginger, Asian sesame vinaigrette and mayonnaise

SMOKEY BURGER GF 95
Tender smokey jackfruit pattie stacked with homemade pickles, tomato, caramelized onion, lettuce, secret sauce & served with potato wedges

OPEN "TUNA" SANDWICH GF 85
Jackfruit "tuna" with mayo and capers on gluten free sourdough toast. Side salad with avocado and greens.

SATISFYING SALADS

ASIAN "CHICKEN" SALAD GF 99
Tofu "chicken", romaine, carrots, pickled ginger, cilantro, crispy sunflower noodles & tossed with creamy sesame ginger dressing

ALCHEMY LOVER R GF 99
Mixed greens, fresh herbs, fresh corn, pink sauerkraut, avocado, sprouted pumpkin seeds, crispy sesame onion & herb vinaigrette

AVOCADO CAESAR R GF CN 99
Crispy romaine lettuce with avocado, pili nut rawmesan, coconut bacon, capers & creamy Caesar dressing

add smoked tofu + 25

FALAFEL PROTEIN BOWL GF CN 105
Falafel, quinoa, steamed broccoli, baked pumpkin, kale tahini, rosemary raisin almond walnut trail mix, spirulina crunchies, sesame beet hummus and herb vinaigrette

PHILADELPHIA MAKI NORI GF CN 85
Nori rolls filled with brown or white rice, smokey papaya, homemade pickles, creamy cashew dill cheeze served with sesame shoyu dip & small soup of the day

PIZZA

Try our brick oven baked plant-based pizza!
Choose regular or gluten free sourdough crust (+15k)

MARGHERITA CN 95
Tomato sauce, pili nut mozzarella & basil

SPINACH & MUSHROOM R GF CN 105
Tomato sauce, spinach, capers, mushrooms, pili nut mozarella, pickled shallot.
Raw option with spinach crust and pili nut cream cheeze

TRUFFLE CN 120
Truffle, mushrooms, parsley & pili nut mozzarella

SIDES

POTATO WEDGES GF 35
FALAFEL GF 39
MACARONI N' CHEESE GF CN 59

R RAW B BEEGAN CN CONTAINS NUTS GF GLUTEN FREE

DESSERTS

CHOCOLATE PIE GF 65
Cookie crust, smooth chocolate filling, ganache and fluffy coconut whip

SNICKERS PIE GF CN 65
Chocolate ganache, cashew nougat, caramel and peanuts

VANILLA CHEEZECAKE R GF CN 69
WITH PASSIONFRUIT COULIS
Fermented vanilla cashew cheezecake with almond crust and passionfruit coulis

CHOCOLATE TRUFFLES

CHOCOLATE BOMB R GF 33
Chocolate energy ball with a hint of coffee, rolled in coconut

LUCKY CHARM R GF CN 29
Sugar free date log with sprouted almonds, pumpkin seeds, walnuts and crushed cardamom.
Rolled in shredded coconut.

PEANUT BUTTER CUP GF CN 33
Crunchy peanut butter filling in cashew coconut

CHOCOLATE BARS

ALLIGATOR BAR R CN GF 44
Filled with nougat, peanuts, caramel and covered in dark raw chocolate

PROTEIN BAR R CN GF 44
Activated almonds and protein rich seeds with a hint of orange zest and a boost of vegan pea protein powder, covered in dark chocolate

BOUNTY BAR R GF 44
Chocolate covered bar with fresh coconut vanilla filling

R RAW B BEEGAN

SMOOTHIES

UNWARRIOR PROTEIN SHAKE R GF 89
Blueberries, pumpkin m!lk, coconut, banana, & sunwarrior active vanilla protein powder

GOOD KARMA PROTEIN R GF 75
Direct support of local Sea Moss farmers.
Kale, flax, apple, banana, chia, plus a Good Karma Sea Moss Cube tested for heavy metals and containing some of the most protein and nutrient rich seaweeds in the world; Euchema Cottonii, Spirulina, Chlorella and Moringa

HEAVY METAL DETOX SMOOTHIE R GF 75
Blueberries, banana, cilantro, orange, spirulina & moringa

COLD PRESSED JUICE

CLASSIC GREEN 69
Cucumber, parsley, spinach, kale, celery, bok choy & cilantro

LOCAL ORANGE 75
Sweet oranges from Kintamani region in Bali

KISS KISS 50
Pineapple, beet, watermelon & lime

ALOHA COOLER 50
Pineapple, mint & cucumber

CN CONTAINS NUTS GF GLUTEN FREE

COOLERS & TONICS

VIRGIN TANGERINE MOJITO (R) (B) (GF) 55
Fresh tangerine juice, ice, honey & orange zest

BOOSTER 1 40
Ginger, cinnamon, clove cardamom, turmeric

BOOSTER 2 40
Mint leaves, cinnamon, clove, black pepper, cardamon, goji berry

BOOSTER 3 40
Rosella, cinnamon , goji berry, reishi, ginger

DECAF COFFEE

Choose decaf coffee beans or chickory, reishi and chaga blend.
Choose your favorite homemade m!lk: almond, coconut or oatly.

| | |
|-----------------------------|---------|
| SINGLE ESPRESSO | 35 |
| DOUBLE ESPRESSO | 40 |
| PICCOLO LATTE | 50 |
| CAPPUCCINO <i>Hot / ice</i> | 60 / 65 |
| FLAT WHITE | 60 |
| LATTE <i>Hot / ice</i> | 60 / 65 |
| LONG BLACK <i>Hot / ice</i> | 45 / 50 |

HOT ELIXIRS

| | | |
|----|------------------------------------------------------------------------------------|----|
| 55 | Choose your favorite m!lk: almond, soy, coconut (or oatly +10). | |
| 40 | TURMERIC LATTE (GF) Turmeric, cinnamon, coconut m!lk | 55 |
| 40 | HOT CHOCOLATE (GF) Warm cacao, with coconut cream, pumpkin m!lk & coconut sugar | 50 |
| 40 | MATCHA LATTE (GF) Matcha with coconut m!lk | 55 |
| | MATCHA TEA (GF) Matcha and hot water | 45 |
| | PINK LATTE (B) (GF) Frothy vanilla beet coconut m!lk with a hint of cardamom | 50 |
| | CHAI LATTE (GF) Chai spices and coconut m!lk | 55 |

TEAS

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|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 40 | GOJI GINGER INFUSION Goji berries, ginger, lemongrass and lime | |
| 30 | FRESH MINT INFUSION Refreshing fresh peppermint leaves with lime | |
| 40 | CALMING BLUE SKY Full of antioxidants, these ingredients help to promote the overall healthy life cycle of your cells. Caffeine free. | |
| 40 | TIME TO DETOX This detoxing tea can help you lose weight, increase your energy levels, and refresh your frame of mind. By flushing out toxins from your system, helps reduce cravings and makes it easier to eat and drink more healthy | |
| 35 | SLOW DOWN This healing tea is a great combination for calming and reducing stress. It is soothing for the throat and also recommended for dry cough. Caffeine free. | |
| 40 | GREEN TEA Green tea, made from unoxidized Camellia sinensis leaves, is known for its light, fresh flavor and numerous health benefits. Rich in antioxidants like catechins, it supports heart health, boosts metabolism, and aids weight management. Its delicate taste and bright color make it a refreshing drink anytime. | |

FOCUS 40
Gotu kola helps with fatigue, anxiety, and depression, and improves memory. Moringa helps to lower blood sugar levels, is nourishing for the bones, and supports eye health. Caffeine free.

DIGESTIVE WELLNESS 35
This tea is perfect after your meal, helps promote digestion and reduce bloating. It also alleviates insomnia. Caffeine free.

WOMEN’S BALANCE 35
This tea is high in fiber, vitamin C, vitamin E, folate, vitamin B6, pantothenic acid, potassium, magnesium and manganese. Globosa has properties that can clear coughs and lower diabetes. Caffeine free.

MEN’S BALANCE 40
This beautiful combination of gotu kola, mint and lemongrass, will improve memory and vitality. Caffeine free.

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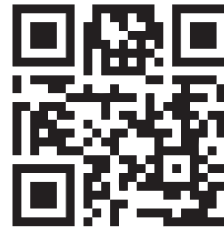



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